



Access Consciousness Bars™ course with

**Crystal Ra Laksmi (Estonia)
and
Matthew Myshkin (USA)**

**28th of June
10am till 5pm
In Brooklyn, New York**

Access Bars™ is a transformation toolbox which expands your consciousness and ability to start to choose for your ultimate life, dissolving all the limitations in many areas of your life. All that is needed is the ability to receive. For YOU.

**Do you remember the last time in your life when you
were totally relaxed and nurtured and cared for?
Or has it been a little too long since you received healing and kindness
without any judgment for your body or your being?
What about more joy and fun?
What about more money?
What about more clarity about your life and yourself?
What about ease and glory?**

The first class in Access™ is The Bars. Did you know there are 32 points on your head which, when gently touched, effortlessly and easily release anything that doesn't allow you to receive? These points contain all the thoughts, ideas, beliefs, emotions, and considerations you have stored in any lifetime. This is an opportunity for you to let go of everything! Each Bars session can release 5-10 thousand years of limitations in the area of your life that corresponds with the specific Bar being touched. This is an incredibly nurturing and relaxing process, undoing limitation in all aspects of your life that you are willing to change!

**How much of your life do you spend doing rather than receiving?
Have you noticed that your life is not yet what you would like it to be?
You could have everything you desire and more if you are willing to receive lots more and
maybe do a little less!**

Receiving or learning The Bars will allow this and so much more to show up for you! The Bars has assisted thousands of people change many aspects of their body and their life including sleep, health and weight, money, sex and relationships, anxiety, stress and so much more! **Available now in 173 countries!**

**At worst you will feel like you have just had the best head massage of your life.
At best your whole life can change into something greater with total ease.**

Taking The Bars™ class is a prerequisite for all Access Consciousness™ Core Classes as it allows your body to process and receive the changes you are choosing with ease. After 3 classes with different Bars Facilitators, you can become one yourself.

**How can it get better than this?
Are you willing to choose for you?
Are you willing to RECEIVE?
How much fun are going to have together?**

You will be given materials (by email). At the course you get your head chart, course certificate, snacks and healthy drinks. Bring your own lunch box with you.



Matthew's bio

I've been working with energy for many years. For the most part, I design and build solar electric systems and do energy efficiency analysis on buildings. Ever since I can remember, I've always had a facility for feeling and knowing energy. Recently, I added energy work on humans and animals to my repertoire.

I was introduced to Access Consciousness 3 years ago. While some people have ground breaking dynamic changes immediately, my path has been more of a slow and steady one. When I look back on my time since receiving my first Bars session, I can definitely say my money flows have improved, my relationships are better and I have more happiness as my baseline everyday being. The tools really work. If you would like this in your life, I recommend you have your Bars run.

However change shows up for you is up to you. I know that Bars and the tools of Access Consciousness will give your life and living more joy and ease. I offer Bars sessions and facilitate bars classes in NYC and beyond. Since my work is project based, we can often arrange classes to fit your schedule.

If you're interested in solar you can visit me at AConsumersGuidetoSolar.com



Crystal's bio

Fluent in several languages, and a world citizen by virtue of travel, *Abundance Anthropologist* **Crystal Ra Laksmi** facilitates business and personal development courses worldwide. As she Choreographs lives, uniting spirit, body, and mind, each client's life is transformed from musical phrase to a symphony. They shift from everyday survival to thriving, meaningfully and profitably.

Crystal offers daily, weekly and monthly one-to-one sessions, and group workshops and consciousness adventure trips to different locations in the world both online and live. She has a wide variety of cutting edge transformative tools for the body, mind and spirit to empower people and find their own ways to heal themselves and fulfill their dreams and live a life with their full potential as their birthright. She would be delighted to have fun with you and help you to unlock the hidden treasures you have in you! She is excited to meet you!

Find more info here: www.crystalralaksmi.com

Register here: http://www.accessconsciousness.com/class_details.asp?cid=58425

Course fee: \$300. Repeat class: \$150. Kids 16 - 18 years old – half price. Kids 15 and under - free when attending with a paying adult or at the arrangement/discretion of the facilitator.

Please contact us if you have more questions! If possible, please pre-register yourself by the latest 20th of June. Bring a soft mat, pillow and a light blanket with you to the class.

More info:

Crystal Ra Laksmi

crystalexpansion@gmail.com

Matthew Myshkin

heliotechnyc@gmail.com

Katrin Haiba will be our host in NYC. Her email is katrinhaiba@gmail.com and phone number 1-646-894-9997. Please feel free to ask questions about the event and location from her. Location 518 47th Street, Brooklyn, 1st floor.

More info: www.accessconsciousness.com