



FB LIVES 31 DAYS CHALLENGE: HEAL AND ACTIVATE YOUR HOLISTIC ABUNDANCE

NEW TIME TOOLS BY CRYSTAL RA LAKSMI-DITTON

Connections between Values, Inner Family and Holistic Abundance

Congratulations! This is your 26th day with the **Holistic Abundance Challenge**. Before you jump to go through today's tasks, pls review yesterday's tasks, so that you can build your progress on each little change you do.

DAY 26. Today you have 3 tasks:

- 1. Map your general 10 values. Where are these from? Which ones of these do you need to eliminate? What values do not serve you any more?**
- 2. What are your 5 main values you have chosen for you yourself?**
- 3. What value can you bring to the world through your work and using your life missions for it?**

Enjoy today's tasks! Every task facilitates change!

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