



FB LIVES 31 DAYS CHALLENGE: HEAL AND ACTIVATE YOUR HOLISTIC ABUNDANCE

NEW TIME TOOLS BY CRYSTAL RA LAKSMI-DITTON

Four wheel drive for your successful life with Relations, Inner Family & Abundance

Congratulations! This is your second day with the **Holistic Abundance Challenge**. Before you jump to go through today's tasks, pls review yesterday's tasks, so that you can build your progress on each little change you do.

DAY 2. Today you have 3 tasks:

- 1. Check out the video and pause where I share the 4V graphic and map your own as well your Inner Family's 4V system. What needs to be changed? What can you do?**
- 2. Do the same for 4S system.**
- 3. Find someone you can practice FORM format to communicate with. What did you discover?**
- 4. If right now or later you will have a conflictual situation in your life, use both systems and check out where the problems are hidden and where can the solution be?**

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