



# **FB LIVES 31 DAYS CHALLENGE: HEAL AND ACTIVATE YOUR HOLISTIC ABUNDANCE**

**NEW TIME TOOLS BY CRYSTAL RA LAKSMI-DITTON**

## **The connection between Open Relationships, Inner Family and Holistic Abundance**

Congratulations! This is your 22nd day with the **Holistic Abundance Challenge**. Before you jump to go through today's tasks, pls review yesterday's tasks, so that you can build your progress on each little change you do.

**DAY 22 Today you have 3 tasks:**

**1. Define what are relationships for you in general? Think is that what you think or what society has told you to think?**

**2. What is Open Relationship for you? What is your definition?**

**3. What are mature relations for you? What would that mean and look like in your reality?**

**Enjoy today's tasks! Every task facilitates change!**

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