



FB LIVES 31 DAYS CHALLENGE: HEAL AND ACTIVATE YOUR HOLISTIC ABUNDANCE

NEW TIME TOOLS BY CRYSTAL RA LAKSMI-DITTON

Connections between Auratransformation™, Inner Family and Holistic Abundance

Congratulations! This is your 20th day with the **Holistic Abundance Challenge**. Before you jump to go through today's tasks, pls review yesterday's tasks, so that you can build your progress on each little change you do.

DAY 20. Today you have 3 tasks:

- 1. Check out in what condition is your 'ME' platform. Do you know who you are, how do you take care of you, do you set boundaries easily? What needs to change here?**
- 2. Check out in what condition is your 'WE' platform with others. How is your communication with others, how is it for them with you? Do you have a two way street happening already? If not what needs to change?**
- 3. Find at least 5 people who you give positive feedback in real life and post a summary of those underneath today's FB live.**

Enjoy today's tasks! Every task facilitates change!

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