



# **FB LIVES 31 DAYS CHALLENGE: HEAL AND ACTIVATE YOUR HOLISTIC ABUNDANCE**

**NEW TIME TOOLS BY CRYSTAL RA LAKSMI-DITTON**

## **Connections between 4 Elements, Inner Family & Holistic Abundance**

Congratulations! This is your 27th day with the **Holistic Abundance Challenge**. Before you jump to go through today's tasks, pls review yesterday's tasks, so that you can build your progress on each little change you do.

**DAY 27. Today you have 3 tasks:**

- 1. Which of the 4 Elements is blocked in you at the moment?**
- 2. What can you do to open it up, heal it or change it?**
- 3. What are your 2 main elements in you? Would you like to change it or is it ok the way it is?**

**Enjoy today's tasks! Every task facilitates change!**

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