



# **FB LIVES 30 DAYS CHALLENGE: HEAL AND ACTIVATE YOUR HOLISTIC ABUNDANCE**

**NEW TIME TOOLS BY CRYSTAL RA LAKSMI-DITTON**

## **How to find your Spirit Mate? Connection between Spirit Mate & Abundance?**

Congratulations! This is your sixth day with the **Holistic Abundance Challenge**. Before you jump to go through today's tasks, pls review yesterday's tasks, so that you can build your progress on each little change you do.

**DAY 6. Today you have 4 tasks:**

- 1. Visualize your future Spirit Mate in detail.**
- 2. Write a detailed list of our future Spirit Mate**  
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- 3. How can you include your Inner Family in the process of finding your Spirit Mate? What can you do?**
- 4. Find out your talents? Which one you need to explore more?**

**Enjoy today's tasks! Every task facilitates change!**

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