



FB LIVES 31 DAYS CHALLENGE: HEAL AND ACTIVATE YOUR HOLISTIC ABUNDANCE

NEW TIME TOOLS BY CRYSTAL RA LAKSMI-DITTON

Connections between Love, Inner Family & Holistic Abundance

Congratulations! This is your 24th day with the **Holistic Abundance Challenge**. Before you jump to go through today's tasks, pls review yesterday's tasks, so that you can build your progress on each little change you do.

DAY 24. Today you have 3 tasks:

- 1. Answer to the question - what is love for you? If you would define it - how would you define it?**
- 2. What is love for your Inner Family and each family member of Inner Family?**
- 3. Write a true love letter for you - mail it and make it beautiful - with stickers, hearts and maybe even a perfume. Put the letter into a special place so that you can read it later when you have a low moment.**

Enjoy today's tasks! Every task facilitates change!

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