

## Today's tasks are following for your 5 steps from Fear to Courage;

- What is your relationship or approach to your fear like right now?
- Have you realized that you need help when you get stuck? Have you been brave enough to ask for it? If not why not? What can be changed here?
- What decision can you make to change something what is not working for you any more?
- If you have also locked yourself behind castle walls professionally, how can you use vulnerability in your job while stepping out?
- Can you commit yourself to learn from others and take it seriously enough? If not, why not?

Enjoy today's tasks and know that your life can change one step at the time!

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