



# CRYSTAL RA LAKSMI-DITTON

New Time  
Coach



## Today's tasks about finding your practical and spiritual King are following;

- Where do you divorce yourself in your life from yourself in order to please others?
- Who are princes and who are kings for you?
- What have your break up experiences been? Have these happened in a friendly way and honoring you or in a dramatic way? Why? What needs to change here?
- If you are a spiritual and conscious person, do you share that with all the people in your life or keep it as a secret? What would you like to change here?
- Have you read Paulo Coelho's book "Alchemist"? If not why not? Read it!
- Have you asked forgiveness from the people you broke up with?
- Have you made a list of what kind of a partner you desire in your life? If not - why not? Do it!
- Who are consciousness partners and twin spirits?
- What kind of energies are consciousness partners usually bringing along?
- Have you done your own self-declaration? If not, why not?
- Did you understand what a 4V system is about? Did you watch the video about it?
- Why is it important to deal with your polarities of the masculine and feminine right now?
- What elements do men and women represent?
- What two categories will change rapidly for men after they become more spiritual?
- What is my recommendation you could follow to find your practical and spiritual king?
- How can Inner Family program help you in the process of finding your King or Queen?

[www.crystalralaksmi.com](http://www.crystalralaksmi.com)

FB #coachcrystalra  
Instagram  
#coachcrystalra  
You Tube  
#turbonewflow

