



**Watsu Sayulita Center's pool is cleaned with salt and is heated with solar panels. In order for us to work here every day we need your full cooperation to make it a healthy and fun experience for you and everyone else who would love to enjoy the facilities. Please read the agreements and it is your personal responsibility to take care that you follow them. Thank you for your cooperation!**

#### **Pool agreements**

- Take a shower before you enter the pool every time.
- Do not wear any heavy creams, herbal oils, perfume, lotions before entering the pool.
- Do not wear any make-up.
- If you have long hair, please use the string.
- If you have skin problems or health problems which are dangerous for you or other's safety to enter the pool, please do not enter the pool and be responsible accordingly.
- The pool is not a toilet, so pls use the toilet outside (even if you are in the middle of the session, pls take care of your personal needs and leave for the moment)
- Before you enter the pool, check that your feet do not have sand on them and are clean
- If you need nose clips and ear plugs for the water, we can supply them for the session, but pls return these to us after the finished session.
- Use your own personal towel.
- If you are around the pool while the watsu sessions are going on, try to be as quiet as you can.
- Enter to the pool with harmonic thoughts and ideas. The water is a good transmitter of emotions and energies. This way you keep our pool as a healing pool full of love and harmony.
- Do not spit in the water.
- If you menstruate, pls use the tampon.
- Do not have any bleeding or fresh skin cuts.
- Wear a swimsuit.
- If your hair is very loose, pls wear a swimcap.

**If you have more questions or are not sure if entering the pool would be safe for you or others, please do not hesitate to ask Watsu Sayulita team! Enjoy the journey! Welcome!**