



**Reset yourself and your life in 2015 with  
Crystal's Reinvent Yourself Personal Retreats in the paradise of  
Puerto Vallarta, La Cruz  
from January till April 2015**

**This is your chance to start a brand new year of 2015 by  
being a gift of YOU for YOU  
Invest into yourself enrolling in a week or two or three or more for  
with 100% personal attention from Crystal Ra Laksmi,  
the international coach from Estonia, Europe**

She can customize your personal reset adventure one on one with you:

- With your help delete the old mind patterns with one to one Access Bars™ session or the Access Bars™ course if it happens while you are in the area
- Detox your body, mind and spirit sessions
- Daily Access body processes™ (60 different processes) or a course
- Water healing with Wantra in the body warm water – heal your issues with water, learn how to swim, relax, release the pain of your joints or muscles and just bliss out and have a relaxing journey in the water with her
- Do an Auratransformation™ on you (you need to read Anni Sennov's book about it first) to expand your consciousness into new crystal aura and completely reset your body, mind and spirit
- Balance your 4 elements and give you tools how you can maintain the balance later on
- Crystal Poppins sessions (map your relationships, health, sexuality, career, and abundance and get tools how to make all of these work for you)
- Tantra body sessions or relationship guidance sessions and how to attract the partner of your dreams
- Distant space clearing for your house and office or on the location if you live and work closeby
- Awareness Adventures with Crystal in the area (Botanical Gardens in PV, sailing in the Banderas Bay, paddle boarding, surfing in Sayulita, kayaking, jungle walks in Sayulita, healing secluded beaches etc)
- Conscious breathing sessions
- Transformative touch therapy
- Healing your inner masculine and feminine
- Free dance, homework and more...



**Prices depend of your customized program you both co-create and the length of your stay and the adventures you pick as well the pool rental deals.**

**Crystal can recommend you the places to stay in La Cruz according to your budget and needs. You need to have a rental car if you would like to have adventures with her.**



***Crystal Ra Laksmi is an international coach who has travelled the world since 1999. She has lived in Mexico for over a year now. She has Bachelor in Social Anthropology and Masters in Visual anthropology and has made two documentaries. She has worked with groups and individuals since 2000 all over the world offering adventure tours, healing trips, group workshops and more. Right now she lives in La Cruz, Puerto Vallarta and works with her online courses while helping out in the local community in various ways.***

**Every client will sign a contract before the program starts. The program has no refunds and is only done with completely committed clients. The minimum program is for 7 days.**

**Email Crystal to [crystalexansion@gmail.com](mailto:crystalexansion@gmail.com) or visit the website [www.crystalralaksmi.com](http://www.crystalralaksmi.com) or call her on +52 3221092935 to book your time and get the prices or set up a skype call with her to get to know more about the program and the week of your interest as the schedule is filling up fast!**