



FB LIVES 31 DAYS CHALLENGE: HEAL AND ACTIVATE YOUR HOLISTIC ABUNDANCE

NEW TIME TOOLS BY CRYSTAL RA LAKSMI-DITTON

Connections between Fear, Inner Family & Holistic Abundance

Congratulations! This is your 16th day with the **Holistic Abundance Challenge**. Before you jump to go through today's tasks, pls review yesterday's tasks, so that you can build your progress on each little change you do.

DAY 16. Today you have 3 tasks:

- 1.What are three of your biggest fears? Do you know that these fears can guide you to the biggest treasures? Find out your biggest fears! What is hidden behind them?**
- 2.Where are your fears from? Who has put them to work for you? Receive their messages. Thank your fear and the person who employed it and fire it NOW.**
- 3.How can you prevent your fears and be conscious about it in the future so that you feel that you are in charge of any situation which scared you a lot earlier.**

Enjoy today's tasks! Every task facilitates change!

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